

LARA COACH'S PLEDGE

AGE GROUP / LEAGUE

SPORT

ORGANIZATION

TEAM

COACH'S FULL LAST NAME

FULL FIRST NAME

FULL MIDDLE NAME

NICK NAME

COACH'S STREET ADDRESS / CITY / STATE / ZIP

WORK PHONE

HOME PHONE

CODE OF ETHICS: *As a Coach I understand that I must abide by the following behavioral standards to remain in good standing.*

- 1 Never knowingly permit an ineligible player to play on my team or withhold information from another coach or organization concerning potentially ineligible players on their team.
- 2 Conduct myself and ensure that my assistant coaches, players, spectators and supporters conduct themselves in a manner that is consistent with good sportsmanship - before, during and after every game.
- 3 Make every effort to improve my knowledge of coaching techniques so that I can teach the sport properly to my players.
- 4 Obtain, read and abide by the rules and guidelines for the league.
- 5 Never schedule other league games or scrimmages that conflict with the regular season and/or make-up games.
- 6 Conduct a CAP (Coaches, Athletes and Parents) Meeting to provide my team's parents with my coaching philosophy and practice/game approach.
- 7 Never harass the game officials in any manner.
- 8 Treat these game officials with respect and ensure that my players, spectators and supporters do the same.
- 9 Provide assistance to game officials to ensure the game is played within the spirit of good sportsmanship and by the rules.
- 10 Keep my players and their parents informed about the rules, schedules and other league-related information.
- 11 Ensure that my players are supervised by myself or another designate adult and never allow my players to be left unattended or unsupervised at a game or practice.
- 12 Ensure that all equipment used by my players is safe and conforms to the rules of the game. I shall not allow illegal or unsafe equipment to be used.
- 13 Never knowingly permit an injured player to play or return to the game without proper medical approval.
- 14 Refrain from using alcoholic beverages, illegal substances or tobacco while in direct supervision of my players.
- 15 Never physically, verbally or mentally harm a child in my care.
- 16 Comply fully with the LARA's Background Check Policy and check.
- 17 Obtain, read and comply with the LARA's policies and guidelines and ensure that all assistant coaches do the same.

CODE OF CONDUCT: *As a Coach, I recognize that coaches are role models for their team members and all participants involved in the activity, and that sports help to develop a sense of teamwork, self worth and sportsmanship. As such, I agree to abide by the following:*

- 1 Place the emotional and physical well being of my players ahead of a personal desire or external pressure to win.
- 2 Do my best to provide a safe playing environment for all participants.
- 3 Lead by example by demonstrating fair play and sportsmanship to all involved.
- 4 Provide a sports environment for my team that is free of drugs, tobacco, alcohol, and abusive language and refrain from their use at all sporting events.
- 5 Respect the game and league officials and communicate with them in an appropriate manner.
- 6 Be knowledgeable of the league rules and regulations, and teach these rules to all players on my team.
- 7 Encourage my team members to play by the league rules and respect the rights of other players, coaches, fans and officials.
- 8 Be responsible for my own behavior and also the behavior of my team members.

TOBACCO FREE SPORTS PROMISE: *I know tobacco use harms ones health, hinders ones physical performance and is dangerous to others; therefore, I promise refrain from tobacco use at all sporting events.*

COACH'S SIGNATURE

DATE SIGNED

Louisburg Area Recreation Association LARA: *Failure to comply with the above standards may result in disciplinary actions by LARA*